

Communication & Social Skills

Body Language

Body language forms an essential part of communication, with the interpretation of non-verbal signals as important as understanding what's being said. In some cases first impressions are formed without a word being spoken. This module explores the interpretation of body language, eye contact, gestures and facial expressions in everyday communication.

In this Module

Videoscribe explainer video, with professional audio (duration: 02:55)

English Subtitles

4 Expanded learning content blocks in the module format

'Check my understanding'
5 Question knowledge check

Top Tips

1. Remember that 55% of a message is communicated through non-verbal signals.
2. Gaze can show the level of interest in an exchange.
3. Gestures are easily learnt and controlled which can make them an unreliable source of information.

