

# Personal Development

## Remote Working

Remote working has become increasingly common as organisations recognise the advantages of operating outside of the traditional office based roles, in favour of more flexible options. In this module we look at why people are working remotely and the benefits it can bring for both individuals and organisations.

## In this Module

Videoscribe explainer video, with professional audio (duration: 04:22)

English Subtitles

16 Expanded learning content blocks in the module format

'Check my understanding'  
5 Question knowledge check

## Top Tips

1. Create a designated workspace that supports your needs.
2. Set a working schedule and establish a routine.
3. Maintain a positive work-life balance.

