

Workplace Wellbeing

Impact & Influencing

Two of life's most important skills are the ability to influence and have a positive impact on the people around you. This module explores a range of strategies to help improve those skills.

In this Module

Videoscribe explainer video, with professional audio (duration: 02:56)

English Subtitles

8 Expanded learning content blocks in the module format

'Check my understanding'
5 Question knowledge check

Top Tips

1. Influence requires a balance between effective communication, gentle persuasion and assertiveness.
2. Build a rapport with other people to generate a climate of trust and respect.
3. Find ways to boost your confidence levels as this will improve the impact you have in the workplace.

