

Workplace Wellbeing

Critical Thinking

Critical thinking is essentially your ability to reason and question ideas, arguments and findings. This module explores critical thinking, the importance of taking an analytical and objective approach to problem solving, and ultimately how to think smarter.

In this Module

Videoscribe explainer video, with professional audio (duration: 03:44)

English Subtitles

7 Expanded learning content blocks in the module format

'Check my understanding'
5 Question knowledge check

Top Tips

1. Keep an open mind.
2. Focus on the facts.
3. Challenge the status quo.

